



Health and Wellbeing BOE Advisory Committee

Meeting Minutes: Wednesday, September 14, 2022

Meeting Called to Order at 4:30 pm

Welcome

Mark Schmidt welcomed everyone and then there were brief personal introductions from each committee member.

Open Forum

Committee members shared the topics they would like covered this year, along with specific programs now available to help and inform those in need. Some of the suggested resources were Just Like You, a movie being shown at AMC through Thursday, Sept. 19, Mental Health First Aid Training, and Just a Mom Podcast at www.thejustamompodcast.com. The BV Well FB page offers a lot of information concerning Social Emotional Well-Being. Give ME 20 Box, is a unit covered though Sources of Strength. Screen Sanity is another program available. Other topics considered will be homelessness, truancy, social media, staff well-being, new BV Food Pantry, new school safety intervention system, all areas of mental health. Everyone was interested in learning more about Sources of Strength.

Mark Schmidt shared information changes by the Kansas Legislature concerning the suicide and prevention surveys that given to students.

Scope and Purpose of Committee

This committee focuses on mental health and other health services. Suicide prevention is an especially important topic of this committee, along with bullying, social media, school pressures, etc. Kaety Bowers and Jan Kessinger shared the importance of this committee for the school district and the community.

Bond Issue Recap

Mark Schmidt shared a video noting all the projects and improvements which were completed in the last three years from the previous bond issue.

Health Services Update

Tara Asher, BV's Health Services Coordinator, gave a Power Point presentation on Narcan, a product new to BV, which is now supplied in each secondary school. This is a life-saving drug for someone who may have an Opioid overdose. If discovered soon, this can turn the life-threatening situation around very quickly. All the nurses in BV have had training on the use of Narcan.

Meeting concluded at 6:10 pm

Next Meeting: **Wednesday, November 9, 2022, 4:30pm**
High Plains Conference Room at District Office